

Group/Individual Study

Series: "Be Free" - Losing my religion

Passages: Galatians 4:8-31

REFLECT on the message heard Sunday, 3/12

1. Read Galatians 4:8-20. Paul uses the language of anguish to describe his concern for the Galatians. ("I plead with you...", "...pains of childbirth...") What is it that he's so concerned about? Why is it such a big deal?
2. Let's try and make this personal. How does faith *feel* in your life when you lose track of grace and live as if you have to earn and deserve God's love? Think about it and be as specific as you can. What helps you lay claim to grace and God's unconditional love again?
3. Let's look at it from the opposite perspective. How does your faith *feel* when you are deeply gripped by the unconditional love and grace of God? What are some of the emotions it raises? How does your life look different to people around you? Does it change how you treat other people?
4. Paul describes the burden he feels for the welfare of the Galatians as being like a woman in labor. Who are the people you have a sense of spiritual responsibility and concern for? How does it lead you to pray? What does it lead you to do? Are there others God might have you take a spiritual interest in that you haven't been concerned for previously? (Neighbors? Coworkers? Family?) Take some time and lift these people up to God in prayer. Take some time and offer yourself to God for His purposes in their lives.