

Discovery



Bible Study

Journal

Individuals & Families
 October 1 - November 19



READ A
 BIBLE STORY.
 ANSWER THE
 QUESTIONS.
 PRAY!

 How did I obey?	 Who did I tell?
 What does this say about God?	 What does this say about people?
 How do I obey?	 Who do I tell?


 peninsula

 covenant
 church

Introduction to Discovery Bible Study

We often overcomplicate reading the Bible. The Discovery Bible Study process is a very simple way for you to read the Bible for yourself, obey what God is saying to you, and share what you are learning with others. We've laid out the passages for you one per week.

1. You'll see the first row is labeled "Write it". Pick the 1-6 verses from the passage for that week that speak most to you and hand write it or type it word-for-word.
2. The second row is labeled, "How would I say that?" Write the verses you picked in your own words in the second row. You are basically paraphrasing it in words that make sense to you.
3. In the third row, write something you think God would have you do in the next 48 hours to obey Him in relation to these verses. It's important not to write massive goals like "I want to be a better husband," but rather a small goal that works to that end like, "I'm going to take my wife out for coffee this week and listen to her share her heart." Also, write the name of a person who God might want you to share what He's saying to you through this passage with. Maybe it's a family member, maybe someone you know socially, or at work. See what God does!
4. Consider closing out your time by using one of the prayer models found in the prayer resources section (page 13).

Finally, we've found one passage per week is best because it gives you time to figure out and follow through with your "I will" and "I'll share". Grab a Bible and give it a try!

Let me know how I can support you!

Ben Pierce
Small Groups Pastor
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Want to Enjoy the Discovery Process with a Small Group?

These studies are written to be enjoyed either individually or with a small group of people. At PCC, we encourage all members and friends to be in one of our small groups.

There are two ways you can do this:

1. **If you would like to find out more about starting a new group** for yourself and few others, contact Ben Pierce at benp@wearepcc.com. (650-365-8094 x234)
2. **If you would like to join a group that is already up and running**, go to www.wearepcc.com/adults/small-groups and click on the button for the latest list of group to join. You can either contact the group leader directly or contact Ben Pierce (benp@wearepcc.com) for more information.



small groups
people changing communities

Passages for Individuals & Groups

Week of 10/1	Who do you say that I am?	Matt 16:13-20
Week of 10/8	Why do you worry?	Matt 6:25-34
Week of 10/15	Do you want to get well?	John 5:1-9
Week of 10/22	Now which one of them will love him more? Do you see this woman?	Luke 7:36-50
Week of 10/29	What are you arguing about?	Mark 9:30-37
Week of 11/5	How many loaves do you have?	Mark 6:34-44
Week of 11/12	Why do you call me Lord and do not do what I say?	Luke 6:46-49
Week of 11/19	What good will it be for someone to gain the whole world, yet forfeit their soul?	Matt 16:24-27

Discovery Bible Study for Families

Parents:

If you have a desire for your kids to not only know about the Bible, but to understand and live out God's Word, Discovery Bible Study (DBS) is a great tool for your family. You can lead your family in a time focused on specific passages that allows your kids to start flexing their own spiritual muscles by hearing, paraphrasing, and acting.

If you have any questions, want coaching, or have success let us know.

Tom Netane, tomn@wearepcc.com

Norman Bun, normanb@wearepcc.com

STEPS FOR DBS FAMILY SUCCESS:

- 1. DO YOURS FIRST:** You'll do your best work leading your family spiritually if your spiritual gas tank is full. Enjoy the adult version of the stuff for yourself!
- 2. PICK A TIME:** When is your family together and paying attention? Is it at dinner a certain night of the week? Some other time? These discovery studies really work; just pick a time that works for your crew.
- 3. READ:** Family verse for that week. We pull 1-2 verses each week that we think are good for families and kids. Have someone read that verse or give the gist orally if you think that would be easier for your kids to understand.
- 4. DISCUSS:** What's God saying? Ask each family member what he or she thinks that passage means? Especially what it means to them. Older kids may want to do the three-column study ahead of time on paper. Younger ones seem to do better doing it all orally.
- 5. DISCUSS:** What would God have me do to put this truth to work in my life? Let everyone share some concrete step they think God has for them to obey his truth in this passage.
- 6. SHARE IT:** Do your kids have a friend, sibling, parent, and or grandparent they can tell their "aha" from God?
- 7. PRAY:** Share prayer requests and pray. Feel free to choose one of the models from the prayer resources section (page 13) and guide your kids through it if they are of an age to "get" that.

Passages for Families

Week of 10/1	Who do you say that I am?	Matt 6:16
Week of 10/8	Why do you worry?	Matt 6:31-33
Week of 10/15	Do you want to get well?	John 5:6-9
Week of 10/22	Now which one of them will love him more? Do you see this woman?	Luke 7:41-43
Week of 10/29	What are you arguing about?	Mark 9:33-35
Week of 11/5	How many loaves do you have?	Mark 6:41-44
Week of 11/12	Why do you call me Lord and do not do what I say?	Luke 6:46-49
Week of 11/19	What good will it be for someone to gain the whole world, yet forfeit their soul?	Matt 16:24-26

Week of 10/1/17 **Discovery Bible Study**

Scripture: Matt 16:13-20 (pick your favorite verses)

Kids' verse: Matt 16:16

Write it

How would I say that?

I will/share...

Week of 10/8/17 **Discovery Bible Study**

Scripture: Matthew 6:25-34 (pick your favorite verses)

Kids' verse: Matthew 6:31-33

Write it

How would I say that?

I will/share...

Week of 10/15/17 **Discovery Bible Study**

Scripture: John 5:1-9 (pick your favorite verses)

Kids' verse: John 5:6-9

Write it

How would I say that?

I will/share...

Week of 10/22/17

Discovery Bible Study

Scripture: Luke 7:36-50 (pick your favorite verses)

Kids' verse: Luke 7:41-43

Write it

How would I say that?

I will/share...

Week of 10/29/17 **Discovery Bible Study**

Scripture: Mark 9:30-37 (pick your favorite verses)

Kids' verse: Mark 9:33-35

Write it

How would I say that?

I will/share...

Week of 11/5/17 **Discovery Bible Study**

Scripture: Mark 6:34-44 (pick your favorite verses)

Kids' verse: Mark 6:41-44

Write it

How would I say that?

I will/share...

Week of 11/12/17

Discovery Bible Study

Scripture: Luke 6:46-49 (pick your fav. verses)

Kids' verse: Luke 6:46-49

Write it

How would I say that?

I will/share...

Week of 11/19/17 **Discovery Bible Study**

Scripture: Matthew 16:24-27 (pick your favorite verses)

Kids' verse: Matthew 16:24-26

Write it

How would I say that?

I will/share...

Prayer Models

Prayer is simply a conversation with God, which involves both talking and listening. Feel free to use what comes natural to you. If you are in need of a structure to help you converse with God, there are many models of prayer to choose from. Often working with a specific model through a season of time is very beneficial. Yet, switching models can add freshness to our connection with God that is often needed. Note the 5 models below for your consideration.

MODEL 1: LISTENING PRAYER

As you are reading your bible, devotional, or find yourself in a particular circumstance, ask God the following questions:

In this moment, God, what do you want to say to me?

In this moment, God, what do you want me to do or say?

MODEL 2: P.R.A.Y.

Praise -Acknowledge God for who He is and what he has done for you
Repent -Confess (which means to agree) to God your sin, and ask him to help you repent (turn away) from those actions or inaction in the future.
Ask -Ask for the needs of others and yourself
Yield -Offer yourself to God as one willing to follow and allow him to go before you to guide you

MODEL 3: THE LORD'S PRAYER

After each line stop and pray the specific focus.

Our Father in heaven, hallowed be your name, *[Praise - thank God for who He is]*

your kingdom come, your will be done, on earth as it is in heaven.

[Purpose - ask God to live into His ways]

Give us today our daily bread.

[Provision - ask for your needs and others]

And forgive us our debts, as we also have forgiven our debtors.

[Pardon - confess to God your sins and ask to increase your ability to forgive others]

And lead us not into temptation, but deliver us from the evil one.

[Protection - ask God to free you from Satan's lies and ways]

MODEL 4: PRAYER OF EXAMEN

At the end of each day or early the next morning, examine with God your life by reflecting on these questions.

- A. For what moment today am I most/least grateful?
- B. What was it today that was most life giving/draining?
- C. When did I have the greatest/least sense of belonging today?
- D. When did I sense connection/disconnect with God?
- E. When did I give and receive the most/least love today?
- F. When was I happiest/saddest today?

End with a prayer that includes confession, a request for protection and wisdom, plus a spirit of gratitude.

MODEL 5: DAILY PRAYER FOCUS

Ever feel like there are too many things to pray about? A simple way to break it down with God is by making each day of the week a specific focus.

- Monday - Family
- Tuesday - Friends
- Wednesday - Work / School
- Thursday - Community
- Friday - World
- Saturday - The Impossible
- Sunday - just listen