

Focus: During January and February, we are looking at the church and how they valued the art of one another. Did you know the words “one another” are used 59 times in the New Testament? “Love one another.” “Forgive one another.” “Regard one another as more important than yourselves.” And the list goes on. This week, we want to reflect on how Jesus designed His church to be a place where we are encouraged and are encouraging one another.

1. Reflect back on your life who was your biggest encourager. What did they say or do that made this so?
2. Read Proverbs 18:21. How have you seen this to be true in your life and in the lives of others? And what are other ways to encourage or discourage besides with your tongue?
3. Read Colossians 4:7-8. How does it relate to Gary’s statement (below) and what are other examples of individuals needing and being encouraged throughout the Bible?
“Biblical encouragement is more than a compliment. Complimenting is important, but we are talking about something completely different here. Biblical encouragement is not focused on what a person is capable of within themselves, but rather in what they are capable of in Christ. It builds up! Encouragement is like oxygen in the life of a church. It keeps hearts beating, minds clear, and hands inspired to serve. Encouragement is so important to the church.”
4. Read Hebrews 10:23-25. What part of the passage impacts you the most and why? Reflect on what it means to *consider, spur, and encourage*.
5. If the people around you depend on your encouraging words, actions, and prayers for nourishment, are they dying of malnutrition or are they thriving?

Call to Action:

- a. Get in a group (wearepcc.com/adults/small-groups/) so you can be encouraged.
- b. Make a list of who needs encouragement and how/when you will do it.
- c. Write a prayer to God about this issue of being encouraged and encouraging.