

# EXPERIENCING A SAVIOR WHO KNOWS TOGETHER

— Beyond Sunday —

## LENTEN DEVOTIONAL WEEK ONE

As we begin the Lenten season, our hope is you will understand that we have a Savior that suffered much for us. The intent of our Lenten 5-day Devotional format is to give you an opportunity to reflect on His suffering and realize that "He Knows" your suffering. Note the daily prayer and weekly family/couple moment.

### MONDAY

What are your hopes for this Lenten season?

*I am hoping that...*

*Lord I am wanting to...*

*I need...*

### TUESDAY

Read through [Isaiah 53](#) and reflect on the suffering of Christ. Which explanations of His suffering impacts you the most? Write down or repeat verbally the specific words so they resonate in you. For more on this text [go here](#).

### WEDNESDAY

How does knowing how much Christ suffered help you understand His deep compassion for you?

### THURSDAY

Reflect on [Hebrews 2:18](#).

What is this telling you about how Christ's "recycled suffering" benefits you? In your time of need, how have you ever acknowledged that "He Knows" your suffering and leaned into His power to help you? How could you do this more?

### FRIDAY

Reread [Isaiah 53](#) the Suffering Servant passage. Spend time giving thanks and declaring how He has suffered for you. Confess how you have taken it for granted. Ask for a heart that lives from this gratitude and leans into His power when you suffer.

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## DAILY PRAYER

*Lord, help me to appreciate your suffering for me more and more. May you reveal it to me in new ways and may it grow my awareness of your love for me.*

## WEEKLY FAMILY/COUPLE MOMENT

Read through [Isaiah 53](#) and reflect on which of the explanations of His suffering impacts you the most. Then take some time to pray by giving thanks for how the Suffering Savior, Christ, suffered for you. Then pray for those you know are suffering by name.

## RESOURCES

— FOR YOUR SUFFERING & THE SUFFERING OF OTHERS —

[Stephen Ministers](#) - 1 on 1 support in your time of loss

[A Short Walk with Emma](#) - Learn how God and the PCC community carried another through great suffering

[Men's Purity](#) - For those wrestling with temptation

[Coaching & Mentoring](#) - For men and women to work through challenging times

[One Life Counseling Center](#) / [Christian Counseling Center](#) - Professional Support  
[Support for Ukraine](#) - Financially and spiritually support