



# FINDING THE WAY

7.24.22

## BEYOND SUNDAY WEEK FOUR

There may not be a better tribute to the Holy Scriptures than the one that is provided in Psalm 119. Every verse in Psalm 119 exalts the Word of God and the God of the Word. During this 10-week summer series, **Finding The Way**, we get back to the basics of allowing Scripture to help us grow in gratitude, awe, and dependence on God and His Word. In doing so, we believe it will guide us in the best way we should go in whatever comes our way. **This week in Psalm 119:49-64, we focus on how to find the way through the burdens of life.**

1. What do you think are the top five individual burdens people have to deal with in their lifetime? (think major categories - health issues, finances, etc.)
2. Read [Psalm 119:49-56](#). What words or phrases are repeated or stand out to you? What is the psalmist struggling with? How do you see remembering, comfort, and obedience playing into this struggle?
3. How have you found remembering the Lord or the comfort of the Lord to benefit you when you are burdened with a challenging season or situation? What holds you back from depending on what you remember about the Lord or receiving His comfort?
4. Read [Psalm 119:57-64](#). Again what words or phrases stand out to you most? What is this saying about God's responsibility and your responsibility when a burden is upon you?
5. Focus on the [Psalm 119:57](#). Is it possible in your situation that the Lord could be enough for you, regardless of the outcome? Why does it seem like He is not enough at times? What would you need to do to make Him enough in any burdensome situation?
6. **Reflect:** Write a prayer to God based on this line... ***You are my portion, Lord...***

**RESOURCE:** [RightNow Media](#) (Psalm 119 - Matt Chandler Video/Study Question)

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