

BEYOND SUNDAY

Built to Worship — 8.3.25

Habits that Restore our Souls — *Nehemiah 8:1-12* — Ben Pierce

- 1.** How do you think having the protection of the completed wall around Jerusalem contributed to God's people experiencing a spiritual revival in Nehemiah 8?
- 2.** What are the "holy habits" that are most important in helping you experience the **love of Jesus**? (church? small group? Bible study? prayer? serving? other?) Notice how your most important holy habits may be different than those of other people in the group.
- 3.** How does feeling closer to Jesus positively affect your life? How does feeling distant from Him negatively impact your life?
- 4.** Do you feel God might have you engage more deeply in a certain holy habit? If so, which one(s)?

5. When you get undermined from engaging in those habits, what is it that usually gets in your way? Any thoughts on how to overcome these challenges?
6. What "walls of protection" do you think you need to surround your "holy habits" with so that your soul can thrive?
7. Why do you think the devil works so hard to keep us away from habits that help us abide in Christ?